

HELENE B. LEONETTI, md

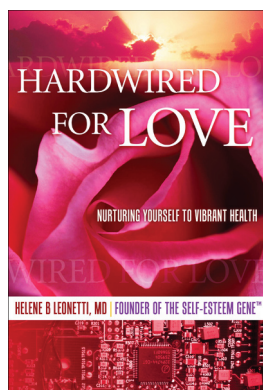
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keynotes
workshops
seminars



“Dr. Helene Leonetti is a true spiritual sister of women everywhere. . . her inspiring life experiences, humor, and loving soul will motivate and elevate all of us.”

Ann Louise Gittleman,
author of *Before the Change* and *The Fat Flush Plan*



Dr. Leonetti worked as a registered nurse for over 20 years before pursuing her medical degree. She is board certified in obstetrics-gynecology and holistic medicine, and is a trained herbalist. A world renown researcher, she has published three clinical trials involving natural hormone balance and currently is working on a fourth trial involving osteoporosis prevention.

Selected Speaking Topics:

- The Joys of Sex
- Nurture Your Self-Esteem Gene
- Wisdom and Wellness for Women
- Creating Vibrant Health for Vibrant Living
- Love Thy Neighbor as Thyself
- Bioidentical Hormones: The Bottom Line
- The Good News About Menopause

Acclaimed author and physician, Helene B. Leonetti knows what it's like to traverse through the darkness of personal trauma and emerge into the light of creative and vibrant living. She now inspires audiences to find their own light, to create a life of healthy peace, and to accept, respect, and love themselves.

Dr. Leonetti infuses her presentations and workshops with the insights of a physician who understands that healing involves more than medicines that can be weighed and measured. Healing engages your entire being – body, mind and soul.

Dr. Leonetti teaches you how to tap into your innate healing powers and wisdom, and how to support your healing journey with natural medicines. A true healer, Dr. Leonetti gives you the tools to begin living a vibrant life today.

Audiences Will Learn How To:

- Activate the self-esteem gene
- Realize and enjoy vibrant health everyday
- Increase relaxation, joy, vitality and an elegant sense of self
- Discover the “doctor within” and begin the journey of self-healing
- Use herbs and natural supplements to support body, mind and spirit
- Eat for longevity

Educational Materials

- Books by Dr. Leonetti:
Hardwired for Love: Nurturing Yourself to Vibrant Health
- Books with essays by Dr. Leonetti:
Inspiring Hope: Stories of Hopeful Living for More Success
A Healthier You! Fabulous Ideas to Help You Live a Healthier Life
Living in Clarity From the series "Wake Up...Live The Life You Love"